

# CAMP MOO DUK KWAN

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## A list of recommended clothing and equipment is as follows:

(Suggested # of pairs)

- Swimsuit (1)
- T-Shirt (2-4)
- Socks (2-4)
- Underwear (2-4)
- Long Pants (2-4)
- Shorts or cut-offs (2-3)
- Pajamas or sweats
- Sweatshirt or sweater
- Jacket (the weather may be cold in the mornings and evenings)
- Taekwondo Uniform (1)
- Extra Shoes
- Flashlight (extra batteries/bulb.)
- Towels (2-3)
- Toiletries
- Chapstick
- Dirty clothes bags
- Insect Repellent
- Warm sleeping bag
- Pillow



## Weapons Training:

All Campers participating in any camp weapons training course should purchase their weapon from their instructor. For more information contact your Taekwondo Instructor.

## Camp Rules:

For the safety of all campers no dogs, cats, or other domestic animals will be permitted. Alcohol, Tobacco, and Marijuana use is NOT permitted on campus.

## CAMP INFORMATION:

### 2024 Camp Dates:

September 27th thru September 29th

### Registration / Check-ins and Check-out:

#### Regular Camp Check-in

Check-in option #1

Friday, 9/27/2024, 9:00-11:00am

Check-out

Sunday, 9/29/2024, 1:00-2:00 PM.

### For Out of Town Campers/Early Check-ins

Check-in option #2

Thursday, 9/26/2024, 2:00-4:00pm

**\*\* No other check ins or check-outs without prior approval.**

**Camp fees:** (Cover Room and Board, Meals, and all activities)  
\$399 per student/\$199 per chaperone, fee must be complete on camp check-in.

### Extras:

\$50-Early check-in (for Locals)

\$10-per person for Graduation Breakfast

\$45-Camp Moo Duk Kwan scrap book

### Meals:

Breakfast, Lunch, and Dinner will be furnished. Meals will be served cafeteria-style in the camp dining hall.

Anyone with diet restrictions or allergies should bring appropriate food/avoid allergens. Meals provided are as follows:

9/26-Dinner

9/27-Lunch, Dinner

9/28-Breakfast, Lunch, Dinner

9/29-Brunch

## CAMP LOCATION

Capital Mountain Camp  
2150 East Weimar Cross Roads  
Weimar, CA 95736

### Directions:

- Take I 80 East toward Reno • Exit Right at Weimar Cross Road East, Weimar
- Stay on Weimar Cross road east until you reach Capital Mountain Camp

# MOODUKWAN TESTING

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## A list of requirements for testing at camp: Testers /Mid Terms

- Clean White TKD Uniform
- Belt Tied Correctly
- School Patch on Uniform
- Males, NO t-shirt worn under uniform
- Females can wear a White t-shirt under uniform
- No jewelry

### Parents

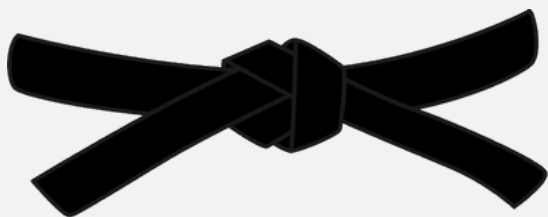
- Jacket (the weather may be cold in the mornings and evenings)
- Fold up chair
- Camera
- Water

## Promotional & Mid Term Testers:

Be prepare to perform your required poomsae, one-steps/hosinsul, sparring, and know your required breaks.  
For more information contact your Taekwondo Instructor.

## Testing fees:

All Mid Term Testers must fill out their mid term testing application and pay fee to their Taekwondo Instructor prior to the start of camp.



## CAMP INFORMATION:

### 2024 Camp Dates:

September 27th thru September 29th.

### All Testers Check-ins:

Testers Be in Uniform  
Friday, 9/27/2024, @ 1pm  
Testing Starts @ 2pm

Parents can find their seats  
Friday, 9/27/2024, @ 1pm

### Testing & Camp Ceremony

Parent and Campers Brunch  
Sunday, 9/29/2024, @ 10:00am

Ceremony starts  
Sunday, 9/29/2024, @ 11:30am

Camp check out  
Sunday, 9/29/2024, @ 1:00-2:00pm

**\*\* No other check ins or check-outs without prior approval. All campers and testers must check out with the camp director or camp staff.**

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